

Session 4 - The Conscience Question

Is there a tension that deserves my attention?

Pay attention to the tension.

Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, "This is the way; walk in it."

Isaiah 30:21 NIV

Notes:

Overall, teenagers' psychosocial immaturity makes them more likely to:

- seek excitement and engage in risk-taking behaviour
- make choices on impulse
- focus on short-term gains
- have difficulty delaying gratification
- be susceptible to peer pressure
- fail to anticipate consequences of their choices.
- not hit pause

To help:

1. Be aware of events and expectations
2. Present scenarios to explore healthy choices
3. Encourage and review the series questions
4. Keep communication open
5. Andy says sometimes someone else can add tension to a decision where we didn't see any.
6. We use the fallacy of origin (don't like where info is coming from) to ignore.
7. This can cause relational tension, how can our family help to insure that input based on love is received correctly?

For discussion

Disappointment is a result of mispredicting the future.

What are some examples?

What steps can we take to reduce disappointment?

In the 8th grade Allie Stanley chose to tell her teacher that she had studied using her brother's test.

Would you have done that?

What character quality led her to that decision?

How do you think that interchange affected her teacher's view of her? (review integrity question;

What story do I want to tell?)

Often for a teenager peer pressure is exerted in the wrong direction.

How do you tell the difference?

How do you deal with it?

How often when you are conscious stricken does self control then come into play?

Is there a tension that deserves your attention?

Read John 14:15-17 (Jesus' promise of the Holy Spirit)

How would the Holy Spirit manifest itself?

As a family review 1 Samuel Chapter 24

What did David's men (his peers!) feel about King Saul being alone in the cave?

Did David give in to the peer pressure? Why or why not?